



Sun Safety Policy

Rationale

At Mackenzie State School, we know year-round sun protection is important for all children and staff as research shows that Queensland has the highest rate of skin cancer in the world. Ultraviolet (UV) damage, from exposure to the sun, can accumulate over time and increase the risk of skin cancer later in life.

It is our aim, here at Mackenzie, to educate our students about being sun safe. By implementing effective sun protection practices from an early age, we can help children to develop an important life-long healthy habit and reinforce sun safety practices.

In implementing this policy, our school and community recognise that:

- The policy applies to all school and school-related activities and events;
- The strategies are to be implemented during the whole school day and year-round; and
- A combination of sun safe strategies is more effective than a single approach

Date of commencement: October 2024

Review date: October 2027

Strategies

| Element | Strategy | |
|--------------|--|--|
| Clothing | Students are required to wear sun-safe clothing to protect them from and reduce | |
| requirements | exposure to the UV from the sun. These requirements pertain to the duration of | |
| | outdoor activities during the school day and during school-related activities (e.g. excursions/camps). This includes: | |
| | Hats | |
| | Students are required to wear wide brim hat when outdoors – our school uniform hat is wide brim | |
| | Staff remind students to wear hats before and during lunch breaks, during outdoor activities (PE) and to and from activities that involve exposure to the sun | |
| | Uniforms | |
| | Students are required to wear the school uniform – school polo shirts are collared and covers shoulders and elbow-length sleeves, longer style dresses and shorts, and long pants. | |
| | Swim shirts | |
| | Students are required to wear swim shirts/ rash vests during all water- based activities occurring at outdoor venues, except during their race/s at competitions and carnivals | |
| SunSmart | Slip, Slop, Slap, Seek, Slide is a sun protection campaign by the Cancer Council's | |
| Program | SunSmart program. It encourages people to take the following steps to reduce | |
| | sun exposure and prevent sunburn and skin cancer: | |
| | Slip: Wear clothing that covers as much skin as possible. | |

| sunscreen 20 minutes before going outdo when outdoors for extended periods of tir 1st 2024, Cancer Council now recommenc SPF50+, broad-spectrum, water-resistant: Slap: Put on a hat that protects your face, Seek: Find shade when UV levels are high. Slide: Wear wraparound sunglasses to pro Children encouraged to wear close-fitting, meet the Australian Standard AS1067 (Sur cover as much of the eye area as possible. Compliance If procedures and consequences of non-compliance students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students must play in the Undercover area in the students in the Undercover area in the students in the Undercover area in the students in the Undercover play in the Undercover play in the Sun Protection UV3+ Sun protection UV3+ Sun protection measures listed are to be undercover play in the Undercover play, indoor option in the Undercover | ant SPF30+ sunscreen. Apply | | |
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| Sunscreen | Our school recognises the importance of sunscreen use as a sun safe measure | | |
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| provision | and implements the following strategies: | | |
| | The school supplies students and staff with SPF 30 or higher broad- | | |
| | spectrum, water-resistant sunscreen | | |
| | Parents/carers are encouraged to provide sunscreen for their child if they | | |
| | do not wish their child to use the provided sunscreen at school | | |
| Modelling sun | Our school promotes the encouragement of sun-safe practices by having teachers | | |
| safe | and staff, parents/carers, volunteers and other adult supervisors model the use of | | |
| behaviours | the following strategies: | | |
| | Staff are encouraged to consider the use of shade, sun safe hats and | | |
| | clothing when performing their duties, supervising/running outdoor | | |
| | activities and when on excursions/camps | | |
| | Parents/carers are encouraged to have their children apply sunscreen | | |
| | before they come to school and provide personal sunscreen for their | | |
| | children to use at school | | |

Endorsement

| Endorsed by: | Approved by: |
|---------------|-----------------------------------|
| Smatin | Carri. |
| Sarah Smith | Gina Bryant |
| P&C President | Mackenzie State School Principal |
| | Date of Approval: 17 October 2024 |